Teriyaki Beef Tenderloin



Yield:

6 Servings

Prep Time:

10 minutes

Cook Time:

10 minutes

Ingredients

• Beef Tenderloin Skewers

Ingredients For Sauce

- 1 cup Soy Sauce
- 2 cup Sake
- 3/4 cup Sugar

- Salt, Pepper, Garlic Seasoning
 - 2 Tbsp Malt Vinegar
 - 4 Tbsp Black Pepper
 - 6 Garlic Cloves, Smashed & Peeled
 - 6 Scallions, Roughly Chopped

Directions For Sauce

- 1. Add sake, soy sauce, vinegar, pepper, sugar.
- 2. Drop in the chopped garlic and green onions
- 3. Cook down the mixture till it thickens to your liking.

Directions For Tenderloins

- 1. Generously season beef steaks with salt & pepper or your fav seasonings.
- 2. Chop up the garlic and green onions
- 3. Place skewed beef over direct coals
- 4. Keep turning the steaks constantly while always basting the steaks with the sauce.
- 5. Cook till internal temp about 125f.
- 6. Remove steaks to rest for 10 mins or so before cutting into them.

